
Sport

CTEC Extended Certificate in Sport & Physical Activity (1 x A Level)

CTEC Diploma in Sport & Physical Activity (2 x A Levels)

CTEC Extended Diploma in Sport & Physical Activity (3 x A Levels)



Course Description

The Cambridge Technical in Sport and Physical Activity prepares students for higher education or employment by developing practical skills and theoretical knowledge demanded by universities and employers. Learners gain professional and social skills through interaction with performers, clients, and team members, alongside understanding inclusivity and the benefits of sport across all age groups. The course emphasises safe and effective working practices to prevent harm and injury. Students on the extended diploma route also explore how businesses and organisations operate within the sports sector, giving them a broader understanding of career opportunities.

Methods of Assessment

The majority of the qualification content will be internally assessed through centre-set assignments. External assessment in this qualification involves written examinations including case studies and scenarios related to the sport and physical activity sector, which students will need to apply their knowledge and understanding to. External assessment will be set and marked by OCR; there will be two opportunities for students to take them, in January and June, so we can decide when they are ready to take their assessment.

Progression

When it comes to progression or employment, students will understand the variety of opportunities available to them, and the roles and responsibilities of businesses and organisations within the sector. This will help students develop clear ideas about career paths and progression routes. Sports coaching and personal training have become major industries, and this course provides a suitable qualification for these roles. OCR Cambridge Technical Level 3 qualifications are recognised by higher education institutions and provide a foundation for students to progress to sport and physical activity-based degrees at university.

Student Testimonial - Natasha



I chose to study sport in Sixth Form because I've always been passionate about physical activity, health, and understanding how the body works. I enjoy learning about sports performance, teamwork, and the psychology behind motivation and success. Sport allows me to combine theory with practical skills, which keeps my studies engaging and active. Choosing sport also comes with supportive teachers having such supportive teachers has made a significant difference in my confidence and overall progress in the subject.

Class of 2024-25

 **SIXTH FORM**
Where are they now?

Demi-Mae S.
Degree Apprenticeship
Sports Business Management

 **SIXTH FORM**
Where are they now?

Kimberleigh E.
UCFB
Multimedia Sports Journalism

 **SIXTH FORM**
Where are they now?

Jack W.
Apprenticeship
Sports Coaching

 **SIXTH FORM**
Where are they now?

Jack W.
UCFB
Multimedia Sports Journalism

 **SIXTH FORM**
Where are they now?

Max H.
Full Time Employment
Stunt Performer

 **SIXTH FORM**
Where are they now?

Josh C.
UCFB
Multimedia Sports Journalism