

## Achieving Excellence Together

OCR Cambridge Technical Level 3 Extended Certificate/Diploma/Extended Diploma in Sport and Physical Activity

Entry Requirements: Grade 4 in English at GCSE Level / BTEC Level 2 Sports Merit (if studied at KS4)

## Course Description

The Cambridge Technical in Sport and Physical Activity has been developed to meet the changing needs of the sector, and prepare students for the challenges they will face in Higher Education or employment. Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technical in Sport and Physical Activity focuses on the skills, knowledge and understanding that today's universities and employers demand. Our students will practically apply their skills and knowledge in preparation for further study or the workplace.

Our students will develop professional and social skills through interaction with performers, clients and team mates, as well as theoretical knowledge and understanding to underpin these skills. This will allow them to offer informed, practical advice and guidance to the people they'll be working with. Students will consider the barriers to and the effects and benefits of sport and physical activity across all age ranges and social groups, so they can tailor their approach depending on the person or situation they are working with to ensure inclusivity.

They will also learn how to work in a safe and effective way, protecting themselves and those they are working with from injury or harm. Students following the extended diploma route will also gain an understanding of how different businesses and organisations in the sports sector work.

## Method (s) of Assessment

The majority of the qualification content will be internally assessed through centre set assignments. External assessment in this qualification involve written examinations including case studies and scenarios related to the sport and physical activity sector which students will need to apply their knowledge and understanding to. External assessment will be set and marked by OCR; there will be two opportunities for students to take them, in January and June, so we can decide when they are ready to take their assessment.

The majority of the qualification content will be internally assessed through centre set assignments. External assessment in this qualification involve written examinations including case studies and scenarios related to the sport and physical activity sector which students will need to apply their knowledge and understanding to. External assessment will be set and marked by OCR; there will be two opportunities for students to take them, in January and June, so we can decide when they are ready to take their assessment.

## Progression

When it comes to progression or employment, students will understand the variety of opportunities available to them, and the roles and responsibilities of businesses and organisations within the sector. This will make sure our students develop clear ideas about where they might like to take their career and what progression routes they'd like to follow. Sports coaching and personal training has become a big industry and this course provides students with a suitable qualification for this type of work. OCR Cambridge Technical Level 3 qualifications are recognised by higher education institutions and our Sport and Physical Activity courses provide a foundation for students to progress on to a variety of sport and physical activity based degrees at university.



email: j.elliott@barnwell.herts.sch.uk