



BTEC Level 2 First Award in Sport

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Why study BTEC Level 2 First Award in Sport?

The BTEC Level 2 First Award in Sport has been designed to build on learning from Key Stage 3, for those who may wish to explore a vocational route throughout Key Stage 4. We aim to enthuse and inspire students to consider a career in the sports and active leisure sector, rather than just to participate in sport as recreation. The subject will help give students the opportunity to gain a broad understanding and knowledge of, and develop skills in, the sport sector, e.g. the health and fitness industry or sports leadership.

What does the course involve?

Students learn by completing projects and assignments that are based on realistic workplace situations, activities and demands. Students are required to study three core units and one optional unit (the optional units are chosen by the Head of Department).

Core Units

- Fitness for Sport and Exercise (external assessment)
- Practical Sports Performance (internal assessment)
- Applying the Principles of Personal Training (internal assessment)

Optional Specialist Units

- Leading Sports Activities (internal assessment)

Key Features:

- Students will study to gain a Level 1 or Level 2 qualification, which is graded at either: Level 1 Pass, Level 2 Pass, Level 2 Merit, Level 2 Distinction, Level 2 Distinction* or Unclassified
- The course is a 120 guided-learning-hour qualification which is equivalent in teaching time to one GCSE
- 25% of the qualification is externally assessed by Edexcel
- Is available on the National Qualifications Framework (NQF)
- A BTEC First award is equivalent to one GCSE grade at A* - C

How will I be assessed?

One core unit (Fitness for Sport and Exercise) will be externally assessed, the other three units will be internally assessed. 25% of the overall grade will come from an external exam and 75% will be from coursework-based activities.

What are my progression routes?

Potential progression to a more specialised Level 3 vocational or academic Sport or Physical Education course/apprenticeship. This course gives students the potential opportunity, in due course, to enter employment within a wide range of junior job roles across the sport and active leisure sector. Junior job roles include: Recreation Assistant, Sports Leader or Assistant Sports Coach.

This course may be subject to change based on the DfE's realised performance tables 2021. If the course is not assessed as a nationally recognised course then an alternative option will be offered.